

# freedom

weight loss center

Login

Password

Go

## Weight Loss Tools

[Calculate Your BMI](#)
[What's Your Healthy Weight?](#)
[Calorie Counter](#)
[Keep Track of your Progress](#)

## Quizzes

[Are you ready to start a weight loss program?](#)

## Weight Management Tips

[10 Tips to Weight Loss](#)
[5 Tips for Dining Out Healthy](#)
[Keys to Losing Weight](#)
[Maintain Your Healthy Weight](#)

## Latest Weight Management Information

 from [MedicineNet.com](#)
[Modest Weight Loss Boosts Bladder Control](#)
[Treatment for Child Disorder Brings Sleep Dangers](#)
[Bulimia](#)
[Pre-Diabetes Could You Have It?](#)
[Controversial Weight-Loss Drug May Go Over-the-Counter](#)
[Widening Waist a Heart Risk Factor for Women](#)
[Building Self-Esteem One Lap at a Time](#)

Try  
freedom




Free  
Shipping!

Success Stories with Freedom Formula, a weight management product from [NEFX, Inc.](#)



**Nancy Boyette, COO of NEFX, Inc.**

### Actual Results after 90 days

I have been taking Freedom Formula for 90 days. It has changed my life! Everyone I know is asking how I'm doing it. I am a walking billboard.

**David Hicks, President of NEFX, Inc.**

Over the years I had gained a pound or two a year, and woke up one day and was 20-30 pounds overweight. Now, using Freedom

